



Befriending Kinross

Passing
The
Baton



**Are you new to the Area?
Would you like someone to talk to?**

**Someone to have a coffee with?
Help to feel less socially isolated?**

Our befriending service matches volunteers with clients to help reduce loneliness, increase self esteem and community engagement.

Our befrienders are trained and supervised.

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.



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