



**PKAVS**  
*Carers Hub*

## **Carers and Coronavirus (Covid-19)**

**Carers Hub are here to help Carers through the Coronavirus outbreak.**

**We can signpost you to practical support such as shopping or prescriptions, or you call us for advice and information on what is already available in your local community.**

**We can also provide a friendly chat and a listening ear.**

**Our support is available to you even if you are not registered as a Carer with us.**

**We can also assist you to complete an 'Emergency Plan' to help support your Cared For if something happens to you**

You can contact us by telephone:  
9am-5pm Monday to Friday on  
01738 567076

Evenings and Weekends on  
07759058207

By Email

carershubadmin@pkavs.org.uk or  
visit our website at

[www.pkavscarershub.org.uk](http://www.pkavscarershub.org.uk)

Facebook - @pkavscarershub.